

Empowering Community Health: Free Checkup Camp Organized by Fusion Microfinance and Asheerwad (India) Foundation

“A healthy mind and body lead to a happy life”



Executive Summary:

Fusion Microfinance Limited under their CSR initiative conducted a Free Health Checkup Camp in collaboration with Asheerwad (India) Foundation. This camp was held for the community of Branch - Nagina, Bijnor (U.P.), with the primary objective of providing secondary level health facilities at no cost and raising health awareness among the residents. Regular health checkups are crucial for maintaining good health, and this initiative aimed to encourage the community to prioritize their health.

Camp Objectives and Planning

The planning for the health camp began approximately ten days prior to the event. A decision was made to include a team of medical specialists to cater to various health needs. The team comprised:

Medical Team:

Dr. Naveen Chancel Devra (Gynecologist)

Dr. Rahul Saini (General Physician)

Dr. Kapil Kumar (General Physician)

Dr. Nidhi Sharma (Gynecologist)

Dr. Prithvi Devra (Pharmacist)

Dr. Amir Haider (Lab Technician)

Volunteers Team:

Km. Pooja (ANM)

Dr. Soumya Chauhan

The strategic selection of the camp's location and timing was made to ensure maximum participation from the general public. Necessary legal permissions were obtained from the Chief Medical Officer of Bijnor and the Medical Officer of the Community Health Center, Nagina, Bijnor.

Collaboration and Logistics

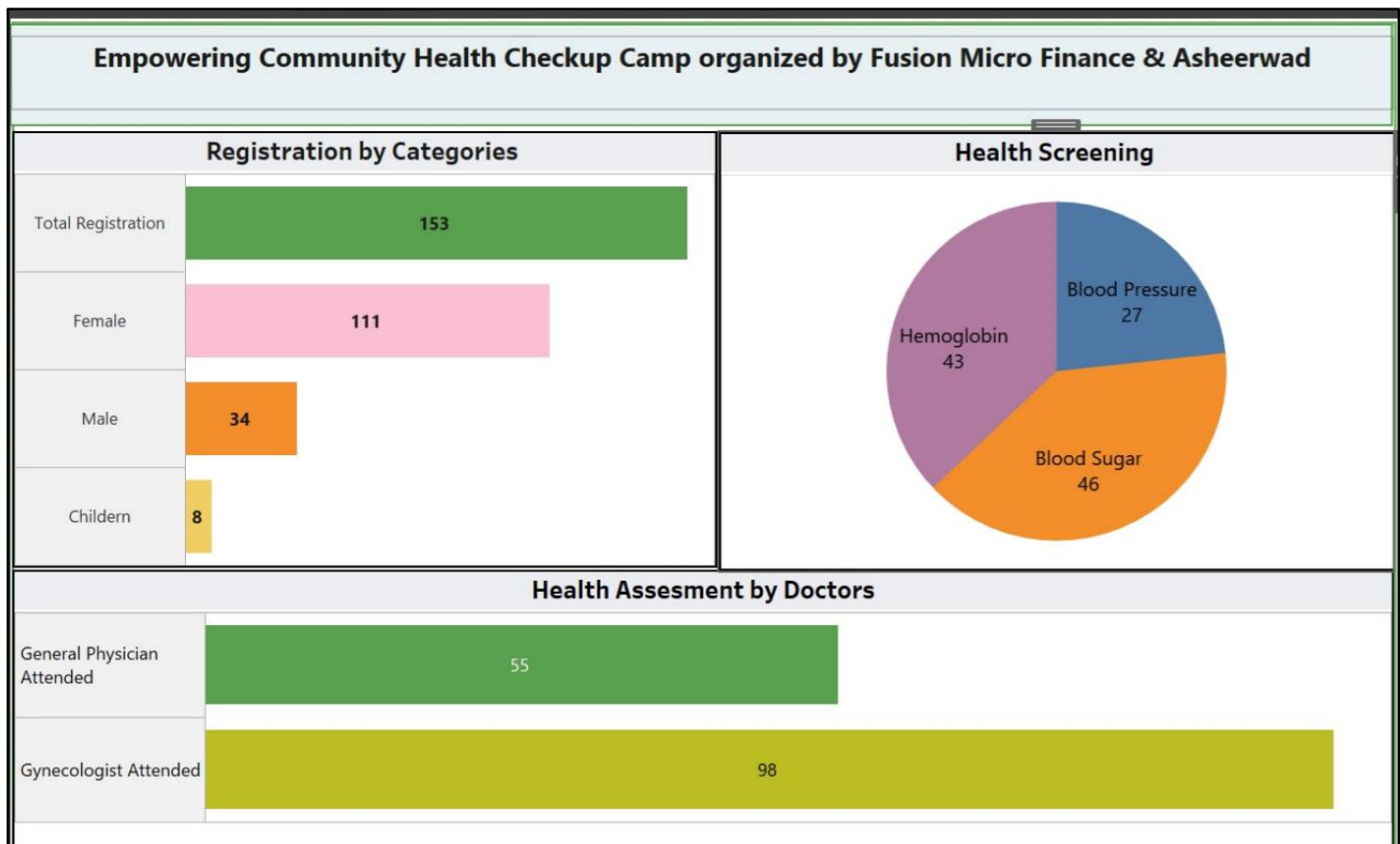
The medical team arrived at Krishna Palace, Dhampur Road, Nagina at 10:30 AM. The camp commenced with a small inauguration ceremony led by our esteemed guests, Mr. Joshi (Divisional Manager, Fusion Microfinance Limited) and Mr. Jitendra Kumar (Director, Asheerwad Foundation), along with other invited guests.

The primary goal of the camp was to provide secondary level health facilities at free of cost and to raise health awareness among the community members. The medical team, consisting of specialists and volunteers, offered comprehensive health check-ups and consultations. Patients received diagnoses and were prescribed necessary medications, which were provided free of charge at the camp's medicine counter. The camp concluded around 3:30 PM, leaving behind a community with smiling faces and renewed health awareness.

Statistical Details of the Camp: -

Date of the Camp: 14 th May,2024	Location: Krishna Palace, Dhampur Road, Nagina	District: Bijnor	State: Uttar Pradesh
No. of Registration: 153	Medical & NGO Staff: 11	Fusion's Team: 4	No of Guest: Nil

Health Camp Registration Details								
Total Registration	Female	Male	Children	Blood Sugar	Haemoglobin	Blood Pressure	Physician Attended	Gynecologist Attended
153	111	34	8	46	43	27	55	98



Appendices:



Patients at Registration Counter



General Physician Checkup



Gynecologist Check-up – Dr. Naveen Chanchal Devra



Lab Check-up Counter – Blood Sugar & Haemoglobin Test



Lab Check-up Counter – Blood Pressure Test



Medicine Distribution Counter





Welcoming Pics of Guests



Medical Findings and Observation:

During the camp, the most common complaints among adults were back pain, knee pain, abdominal discomfort, and general viral fever. Women were often found to have menstrual and anaemic problems, and several patients were on chronic treatment regimens. These individuals received symptomatic treatment, and women were educated on the importance of personal hygiene. Four people were found to have slightly elevated blood sugar levels and were advised to seek further treatment at higher health centres.

Community Impact

This health camp addressed a critical need in the community: the lack of awareness about regular health check-ups and the financial constraints that prevent many from seeking

medical care. By offering free health services, we aimed to bridge this gap and promote a healthier lifestyle among the residents of Nagina.

Personalized Recommendations:

S.NO	Name of patient	Common Health Indicators	Health Screening Results
1	Kanchan	Low Haemoglobin	8.2 Gm
2	Beena	Low Haemoglobin	8 Gm
3	Ravindra	High Sugar	176 mg/L
4	Babli	High Sugar	210 mg/L
5	Resha	High Sugar	320 mg/L
6	Rajo	High Sugar	156 mg/L
7	Krishna	High Blood Pressure	165/90
8	Omwati	High Blood Pressure	166/90

We strongly encourage Kanchan, Beena, Ravindra, Babli, Resha, Rajo, Krishna, and Omwati to take proactive steps towards better health. By incorporating the recommended dietary and lifestyle changes, regularly monitoring their health metrics, and seeking medical advice, they can significantly improve their overall health and quality of life. Our health camp is dedicated to not only identifying health issues but also providing guidance and support to address them effectively valuation and treatment at your nearest government hospital. The healthcare professionals there will provide you with comprehensive care and guidance tailored to your specific needs.

It is also imperative to raise awareness about common health problems and the significance of maintaining proper hygiene. Good hygiene practices are essential in preventing the spread of diseases and ensuring overall well-being. The hospital staff can offer valuable information and resources to help you understand and implement effective hygiene compliance management.

With the summer season upon us, it is crucial to emphasize the importance of staying hydrated. Dehydration can pose serious health risks, and it is preventable by consuming an adequate amount of water and liquids throughout the day. A diet rich in fluids, such as water, fresh juices, and soups, can help maintain hydration levels and prevent the adverse effects of the summer heat.

Let's work together towards a healthier future!

Testimony:

Today, I attended a camp for the first time, and I felt that such camps should be organized periodically for the benefit of the villagers. A team of highly skilled doctors was present, providing thorough examinations to the patients. The doctors were very attentive, and the patients appeared satisfied.

Madhu Chauhan
Asst. Teacher . Ankur INTER Collage (Nagina)



"I am Babita, a resident of Nagina town. Today, I had the privilege of attending the camp organized by Fusion Microfinance. The warmth and care I witnessed there left a lasting impression on me.

At the camp, they conducted free blood tests and sugar tests. The doctors, with their calm demeanor, attended to patients diligently. What touched my heart even more was that they provided medicines free of charge.

I have never encountered such a thoughtful and compassionate initiative before. This *camp is a shining example of kindness and community service. It gives hope to those in need.*"

Thank you, Fusion Microfinance, for making a difference in our lives



On this day, our medical team had the honor of participating in a health camp jointly organized by Fusion Microfinance Limited and the Asheerwad Foundation. The event was not only professionally enriching but also deeply fulfilling on a personal level.

We encountered numerous female patients battling anaemia and glucose regulation issues. Our approach was holistic, offering not just medical treatment but also comprehensive counselling to empower them with knowledge and care. Each patient received a thorough health evaluation, including tests for blood sugar levels, blood pressure, and haemoglobin.

The opportunity to serve at this camp was a privilege. We are immensely thankful to both Fusion Microfinance Limited and the Asheerwad Foundation for spearheading such a noble cause. Our heartfelt gratitude goes out to everyone involved for allowing us to make a meaningful contribution to the community."

Dr. Naveen Chanchal Devra



Future Recommendations

The success of this camp highlights the importance of such initiatives in communities where healthcare access is limited. We strongly encourage the continuation and expansion of these camps in the future. Regular health camps can significantly improve community health awareness, early diagnosis, and treatment of health issues. We recommend:

Increasing the frequency of these camps.

Expanding the range of medical services offered.

Enhancing community engagement and education about the importance of regular health check-ups.

Conclusion

The Free Health Checkup Camp in Nagina was a resounding success, thanks to the collaboration between Fusion Microfinance Limited, Asheerwad (India) Foundation, and the dedicated medical team. We look forward to organizing more such events to ensure that health and wellness are accessible to all, irrespective of financial barriers. Together, we can build a healthier community.

*** End of the Report***