

**UNITING FOR HEALTH, INSPIRING CHANGE: FREE HEALTH CHECK CAMP BY FUSION FINANCE LTD AND ASHEERWAD (INDIA) FOUNDATION**

"Health awareness is the first step towards a better life."



<b>Event Detail</b>	<b>Description</b>
<b>Date &amp; Timing</b>	<b>22<sup>nd</sup> July, 2024 , 10:30am to 2:30pm</b>
<b>Location</b>	<b>Maharaja Agarsain Dharamshala, Sirsa, Haryana</b>
<b>Collaboration Partner</b>	<b>Fusion Finance Ltd</b>
<b>Organizer</b>	<b>Asheerwad (India) Foundation</b>

**Executive Summary:**

Fusion Finance Limited under their CSR initiative conducted a Free Health Check-up Camp in collaboration with Asheerwad (India) Foundation, aimed to provide essential health services and raise health awareness in the Ellenabad community. Held on July 22, 2024, at Maharaja Agarsain Dharamshala, Sirsa, Haryana, the camp successfully addressed key health issues of the residents.

**Camp Objectives and Planning**

The planning for the health camp began approximately four to five days prior to the event. A decision was made to include a team of medical specialists to cater to various health needs. The team comprised:

***Medical Team: Pareek Hospital, Main Bazar Ellenabad, Sirsa (Haryana)***

- Dr. Jagmohan Pareek (General Physician)
- Dr. Abha Kalra (M.B.B.S. D. Gyne.)
- Dr. Anil Pareek (General Physician)
- Dr. Rajesh Kumar (Lab Technician)
- Dr. Sandeep Kumar (Pharmacist)
- **Volunteers**
  - Aman Kumar
  - Deepak Ratiri

The strategic selection of the camp's location and timing was made to ensure maximum participation from the general public. Obtain necessary approvals from local health authorities, such as Smt. Harpreet Kaur, Senior Medical Officer, Civil Hospital Ellenabad.

**Collaboration and Logistics:**

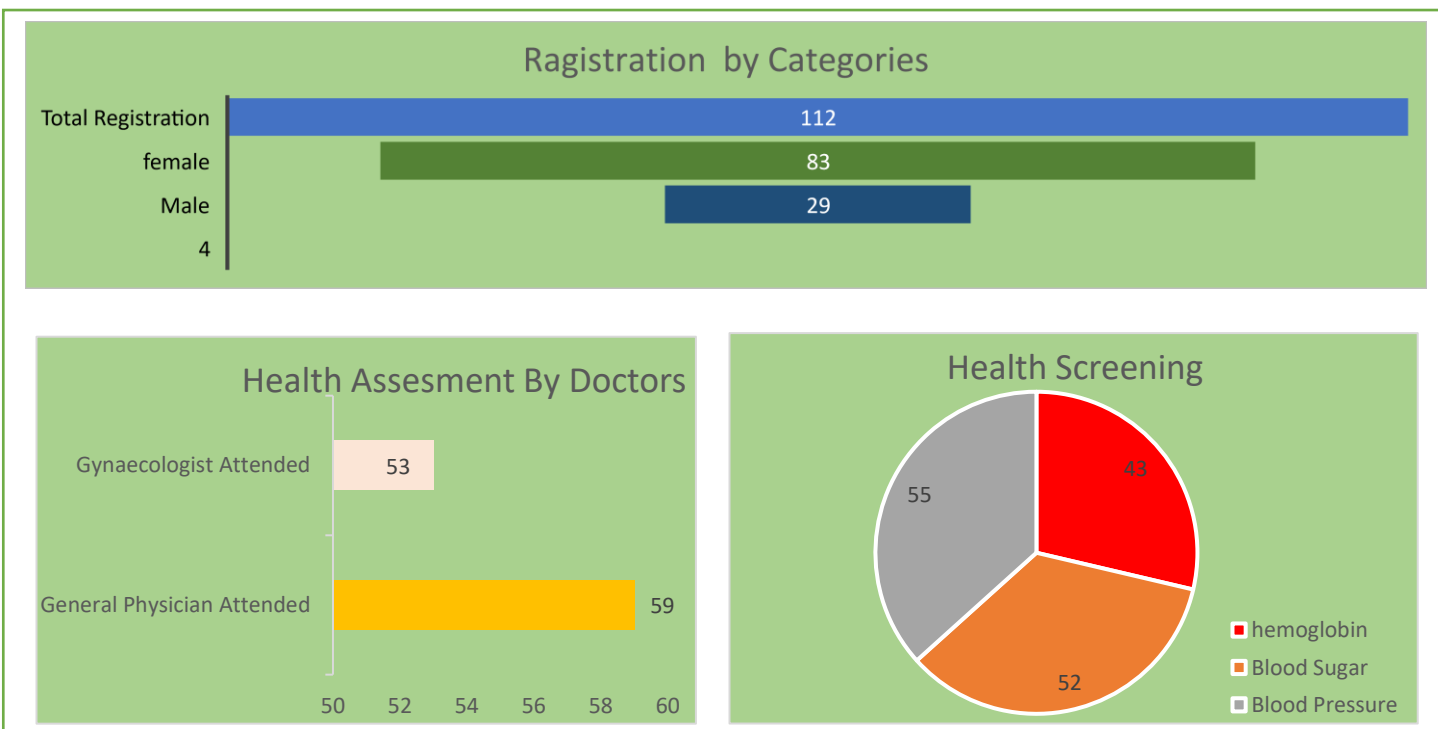
The medical team arrived at Maharaja Agarsain Dharamshala, Sirsa, Haryana, at 10:30 AM on July 22, 2024. The camp commenced with a small inauguration ceremony led by Tirath Singh (Area Manager - Fusion Finance), Ranjeet Singh (Branch Manager- Fusion Finance) and Mr. Jitendra Kumar (Director, Asheerwad Foundation), along with other notable guests, including Dr. Rajesh Kumar (Doctor at Civil Hospital Ellenabad), Deepak Arora (Socialist), and Rahul Kumar (Socialist).

The primary goal of the camp was to provide secondary-level health facilities free of charge and to raise health awareness among community members. The medical team, consisting of specialists and volunteers, offered comprehensive health check-ups and consultations. Patients received diagnoses and were prescribed necessary medications, which were provided free of charge at the camp’s medicine counter. The camp concluded around 2:30 PM, leaving behind a community with smiling faces and renewed health awareness.

**Statistical Details of the Camp: -**

Date of the Camp: <b>22<sup>nd</sup> July,2024</b>	Location: <b>Maharaja Agarsain Dharamshala, Ellenabad</b>	District: <b>Sirsa</b>	State: <b>Haryana</b>
No. of Registration: <b>112</b>	Medical & NGO Staff: <b>11</b>	Fusion’s Team: <b>8</b>	No of Guest: <b>3</b>

Health Camp Registration Data								
Total Registration	Female	Male	Blood Sugar	Haemoglobin	Blood Pressure	Physician Attended	Gynaecologist Attended	No. of Sanitary Pads Distributed
112	83	29	52	43	55	59	53	100



**Photographs of Health Camp:**

**Patients at Registration Counter**



**General Physician Checkup-**



**Gynaecologist Check-up**



### Lab Check-up Counter – Blood Sugar & Haemoglobin Test



### Lab Check-up Counter – Blood Pressure Test



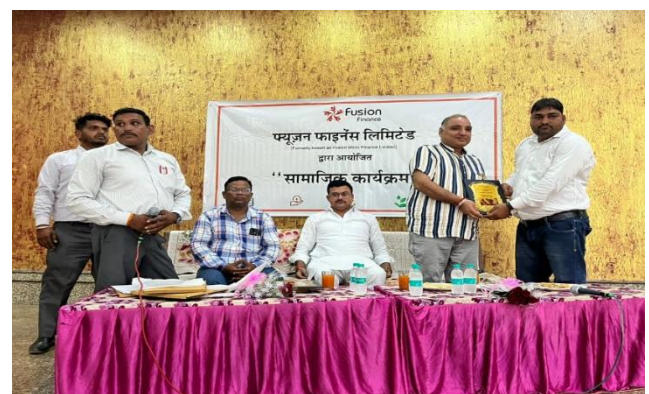
### Medicine Distribution Counter



### Sanitary Pads Distribution



### Moments to Remember....



### Medical Findings and Observation:

During the camp, the most common complaints among adults were back pain, knee pain, abdominal discomfort, and general viral fever. Women were often found to have menstrual and anemic problems, and several patients were on chronic treatment regimens. These individuals received symptomatic treatment, and women were educated on the importance of personal hygiene. Four people were found to have slightly elevated blood sugar levels and were advised to seek further treatment at higher health canters.

## Community Impact

This health camp addressed a critical need in the community: the lack of awareness about regular health checkups and the financial constraints that prevent many from seeking medical care. By offering free health services, we aimed to bridge this gap and promote a healthier lifestyle among the residents of Ellenabad.

## Personalized Recommendations:

S.NO	Name of patient	Common Health Indicators	Health Screening Results
1.	Salma	<b>High Blood Sugar</b>	205 mg/dL
2.	Sira Devi	<b>High Blood Sugar</b>	564 mg/dL
3.	Sanjay	<b>High Blood Sugar</b>	172 mg/dL
4.	Sawa Devi	<b>High Blood Sugar</b>	446 mg/dL
5.	Deepak Kumar	<b>High Blood Pressure</b>	169/92 mmHg
6.	Salochna Devi	<b>High Blood Pressure</b>	167/95 mmHg
7.	Salochna	<b>High Blood Pressure</b>	189/92 mmHg

We strongly encourage Salma, Sira Devi, Sanjay, Sawa Devi, Deepak Kumar, Salochna Devi and Salochna to take proactive steps towards better health. By incorporating the recommended dietary and lifestyle changes, regularly monitoring their health metrics, and seeking medical advice, they can significantly improve their overall health and quality of life. Our health camp is dedicated to not only identifying health issues but also providing guidance and support to address them effectively valuation and treatment at your nearest government hospital. The healthcare professionals there will provide you with comprehensive care and guidance tailored to your specific needs.

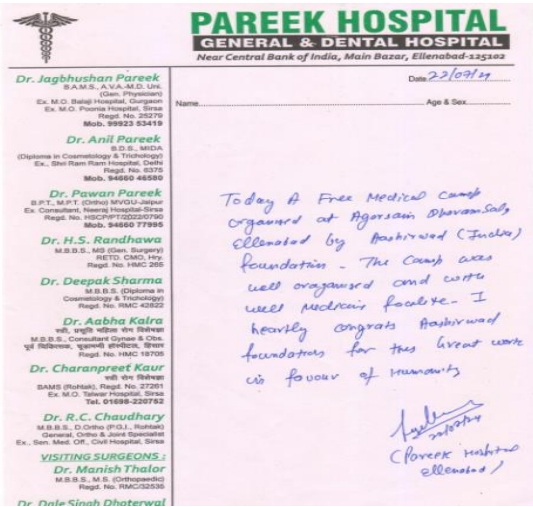
It is also imperative to raise awareness about common health problems and the significance of maintaining proper hygiene. Good hygiene practices are essential in preventing the spread of diseases and ensuring overall well-being. The hospital staff can offer valuable information and resources to help you understand and implement effective hygiene compliance management.


With the monsoon season upon us, our health camp emphasized ensuring clean drinking water, mosquito control, proper ventilation, and fresh food. We promoted hygiene, staying dry, using antifungal treatments, staying hydrated, and regular health check-ups

At the free health check-up camp, every female participant received a supply of free sanitary pads as part of a broader initiative to promote health and hygiene. This effort was designed to raise awareness about the importance of menstrual hygiene and to ensure that all women present had access to essential sanitary products. The distribution of these pads aimed to educate women on the significance of maintaining proper menstrual hygiene and to empower them with the resources needed for their well-being. By providing these sanitary products, the camp organizers emphasized the critical role of menstrual health in women's overall health and quality of life. This initiative highlights the necessity of accessible hygiene products and comprehensive health education in fostering a healthier and more informed community.

Let's work together towards a healthier future!

**Testimony:**






Dr. Jagbhushan Pareek ( General Physician) M D Pareek Hospital, Ellenabad


Today A Free Medical Camp  
organised at Agarsain Dharamshala  
Ellenabad by Asherwad (India)  
Foundation - The Camp was  
well organised and we  
used medical facilities - I  
heartily congrats Asherwad  
foundation for this great work  
in favour of humanity

Jagbhushan Pareek  
(Pareek Hospital  
Ellenabad)



“My name is Jamana Devi from Ellenabad, Sirsa, I attended the camp held at Maharaja Agarsain Dharamshala, and I am very pleased with the experience. We received free health check-ups for conditions such as blood sugar, blood pressure, hemoglobin, Medicines that are normally sold in pharmacies were provided to us for free here., I have never seen a camp like this before This camp, organized by Fusion finance and Asheerwad India Foundation, was incredibly helpful. I am grateful for this initiative in our area and would like to thank the organizers. I sincerely request that such camps be held regularly to promote health awareness.”

Jamana Devi (Patient)



“On the occasion of the social work initiative organized by Fusion Finance Company today, a health camp was conducted providing free medical facilities to thousands of individuals. Attendees received free health check-ups for conditions such as blood sugar, blood pressure, uric acid, SGPT, hemoglobin, and blood reputation among the public, fostering a positive image in the community. The ongoing commitment of Fusion Finance Company to such philanthropic activities is highly commendable, as it greatly benefits the underprivileged. The health camp not only provided essential medical services but also brought a sense of spiritual peace to the participants. The attendees expressed complete satisfaction with the services rendered and received valuable guidance on maintaining good health. Fusion Finance Company's dedication to social welfare through initiatives like today's health camp is truly laudable and has a meaningful impact on society”.

Dr. Rajesh Kumar ( Doctor Civil Hospital Ellenabad, Sirsa)



"I am truly grateful for the health camp organized by Asheerwad (India) Foundation and Fusion Finance Limited. Held at Maharaja Agarsain Dharamshala, Sirsa, Haryana, on July 22, 2024, the thorough check-up, including blood pressure, blood sugar, and hemoglobin tests, along with the free medication, have significantly improved my health. Thank you for your dedication and care."

Neetu Devi ((Patient)

### **Future Recommendations**

The success of this camp highlights the importance of such initiatives in communities where healthcare access is limited. We strongly encourage the continuation and expansion of these camps in the future. Regular health camps can significantly improve community health awareness, early diagnosis, and treatment of health issues. We recommend: -

- Increasing the frequency of these camps.
- Expanding the range of medical services offered.
- Enhancing community engagement and education about the importance of regular health checkups and Women's Menstrual Hygiene Awareness.

### **Conclusion**

The Free Health Check-up Camp made a substantial impact on the Ellenabad community, all thanks to the collaboration between Fusion finance Limited, & Asheerwad (India) Foundation by providing essential health services, raising awareness, and fostering a sense of community support and collaboration. These efforts contribute to the overall goal of improving health outcomes and promoting a healthier, more informed community.

### **Report Conclusion and Acknowledgment**

This report was prepared by Jitendra Kumar (Project Manager) at Asheerwad (India) Foundation. We would like to extend our gratitude to Fusion Finance Limited for their collaboration and support in organizing this health camp.

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**Prepared By:** Jitendra Kumar (Project Manager)

(Asheerwad (India) Foundation)

**Submitted To:** Fusion Finance Limited

**Date:** 26<sup>th</sup> July,2024

\*\*\* End of the Report\*\*\*