

Health check-up Report

Organized by: Fusion Finance Limited
 Implemented by: Asheerwad India Foundation

Date:	10 th August 2024	Time:	10:00 am to 2:30 pm
Venue:	Barar Palace, Barnala Road	Branch Location:	Bhagta Bhai Ka
District:	Bathinda	State:	Punjab
Total Participants:	103 people	Fusion Staff:	10
Guests:	02	Medical & NGO team:	12



1. Introduction

Asheerwad India Foundation, in partnership with Fusion Finance, organized a Health Check-Up Camp on August 10, 2024, at Barar Palace, Bhagta Bhai Ka, Punjab. The camp provided essential healthcare services to the local community, with a focus on early detection and management of common health issues. This initiative was part of Fusion Finance’s commitment to supporting community health.

The medical team from Guru Nanak Dev Charitable Multispecialty Hospital conducted the camp, which was approved by the Chief Medical Officer of Bathinda. The team included general physicians, a gynecologist, a pharmacist, and a lab technician.

2. Executive Summary

This report summarizes the key outcomes of the Health Check-Up Camp held on August 10, 2024, from 10:30 AM to 2:30 PM. The event began with the medical team being welcomed with flower bouquets by Jitender Kumar (Director, Asheerwad India Foundation), Mr. Varinder Kumar (press reporter), and Rajinder Singh (Medical Chief).



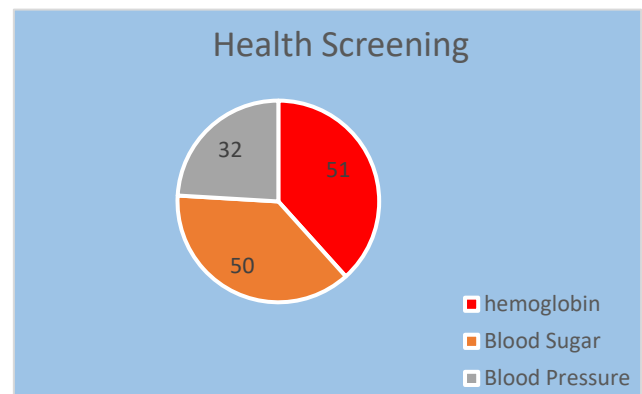
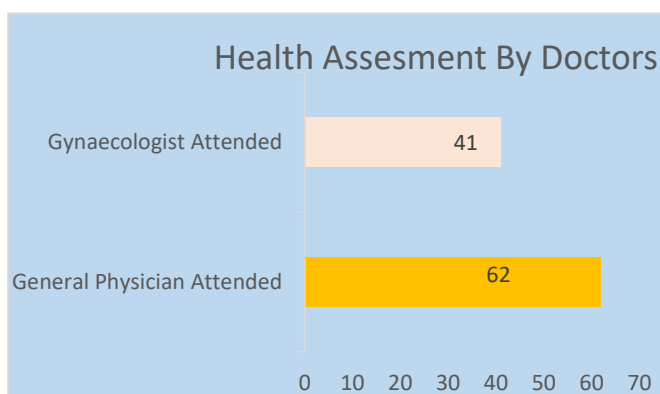
A total of 103 participants attended the camp, which provided various health screenings and consultations. The camp identified several cases of high blood sugar and elevated blood pressure, and personalized health recommendations were given to the affected individuals.

Key Highlights:

Total Registration	Female	Male	Blood Sugar	Haemoglobin	Blood Pressure	Physician Attended	Gynaecologist Attended
103	68	35	50	51	32	62	41

- Total Registrations: 103 (68 Females, 35 Males)
- Screenings Conducted:
 - Blood Sugar: 50 tests
 - Hemoglobin: 51 tests
 - Blood Pressure: 32 measurements
- Consultations Provided:
 - General Physicians: 62 consultations
 - Gynecologist: 41 consultations

Graphical Representation of Patient Attendance and Screening Results



Key Health Findings:

- High blood sugar was detected in 9 participants.
- High blood pressure was identified in 2 participants.

These findings emphasize the importance of ongoing health monitoring and the need for continued health education within the community.

3. Detailed Analysis of Health Check-Up Camp in Bhagta Bhai Ka, Punjab

3.1 Camp Participation and Demographics

The health check-up camp held in Bhagta Bhai Ka attracted a total of 103 participants. The majority of attendees were women, underscoring the critical need for accessible healthcare services for female community members in this region. The demographic breakdown is as follows:

- **Females:** 68
- **Males:** 35

3.2 Health Screenings Conducted

A range of health screenings were conducted to address prevalent health issues and provide necessary medical attention:



- **Blood Sugar Testing:** 50 participants were tested to assess diabetes risk.
- **Hemoglobin Testing:** 51 participants were screened for potential anemia and related conditions.
- **Blood Pressure Monitoring:** 32 participants had their blood pressure checked to identify hypertension and cardiovascular risks.



3.3 Medical Consultations

Comprehensive medical consultations were provided to address individual health concerns:



- **General Physicians (Dr. Mohd. Ahamad & Dr. Ajit Singh):** Provided consultations to 62 participants, focusing on chronic conditions and general health issues.
- **Gynecologist (Dr. Neha):** Offered specialized care to 41 women, addressing reproductive health and related issues.

3.4 Health Findings and Personalized Recommendations

The screenings revealed several critical health issues, and personalized recommendations were provided:

- **Elevated Blood Sugar Levels:**
 - **Tej Singh:** 307 mg/dL

- **Gurnail Singh:** 154 mg/dL
- **Manjeet Kaur:** 250 mg/dL
- **Laxmi Kaur:** 242 mg/dL
- **Gurmeek Kaur:** 309 mg/dL
- **Gurulabh Singh:** 240 mg/dL
- **Karamjeet Kaur:** 150 mg/dL
- **Rihan Khan:** 280 mg/dL
- **Baljeet Kaur:** 208 mg/dL

Recommendations: Participants with high blood sugar levels were advised to seek further evaluation and management from a diabetologist. They also received guidance on dietary and lifestyle changes to help manage their condition.

- **High Blood Pressure:**
 - **Darshan Singh:** 165/81 mmHg
 - **Rihan Khan:** 148/84 mmHg

Recommendations: Those with elevated blood pressure were advised to make lifestyle adjustments such as reducing salt intake, increasing physical activity, and managing stress. Follow-up consultations with a physician were strongly recommended.

3.5 Volunteer Contribution

The camp's success was greatly supported by dedicated volunteers:

- **Priti Kaur (GNM)**
- **Harmandeep Kaur (GNM)**
- **Ram Kumar**

Their efforts ensured that each participant received personalized attention and care, significantly enhancing the camp's overall impact.

Our recent health camp in Bhagta Bhai Ka, Bathinda District, was dedicated to more than just identifying health issues. It provided a platform for direct interaction between community members and healthcare professionals, who engaged actively to raise awareness on critical health topics and proper hygiene practices.

Doctor-Community Interaction: Our camp featured valuable interactions between doctors and local residents. The healthcare professionals engaged in informative discussions, offering personalized advice and addressing community concerns.

Guidance and Support: Participants received tailored guidance on managing health issues and were encouraged to seek further evaluation and treatment at their nearest government hospital. The hospital staff will provide comprehensive care suited to individual needs.

Hygiene Awareness: Emphasizing the importance of good hygiene, our camp highlighted practices essential for preventing disease and promoting well-being. The healthcare professionals shared key information on hygiene compliance, which is crucial for disease prevention and overall health.

Monsoon Season Focus: With the monsoon season approaching, we underscored the need for:

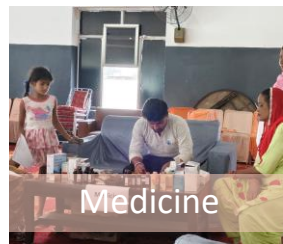
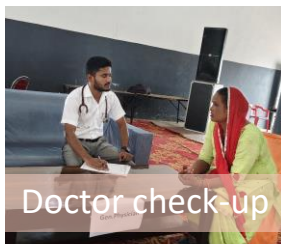
- Clean Drinking Water: Ensuring access to safe and clean water.
- Mosquito Control: Implementing measures to control mosquito populations.
- Proper Ventilation: Maintaining good ventilation to prevent dampness and mold.
- Fresh Food: Consuming well-prepared and fresh food to avoid foodborne illnesses.

Health Recommendations:

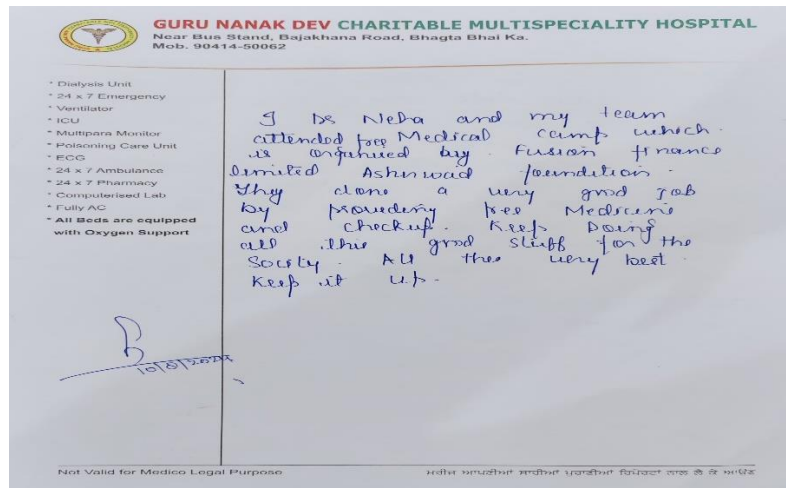
- Maintain Hygiene: Regular handwashing and sanitation.
- Stay Dry: Avoid prolonged exposure to wet conditions.
- Use Antifungal Treatments: If necessary, to prevent fungal infections.
- Stay Hydrated: Drink plenty of fluids.
- Regular Health Check-Ups: Schedule routine check-ups to monitor health.

Through these efforts, our health camp aimed to enhance community health and well-being, fostering a greater understanding of personal health management and hygiene practices.

4. Pictures of Health camps are:



5. Testimony



Our team of doctors and staff from Guru Nanak dev Charitable Multispeciality Hospital, under the leadership of Dr. Mohd Ahmad, participated in Asheerwad Foundation.

The organizers did an excellent job by providing free medicines and medical checkups. We encourage them to continue this commendable work for the betterment of society. Wishing them all the very best in their future endeavors. Keep up the great work!



Today, on 10th August 2024, a health camp was organized in Bhagta Bhai Ka by the Asheerwad Foundation in collaboration with Fusion Finance Limited. The camp was well-organized and successfully conducted, with a commendable arrangement of free medicines and health checkups for the local people. We are grateful to the Asheerwad Foundation for their efforts in making such essential services available to the community. We extend our heartfelt thanks and hope that the foundation will continue to serve society with the same dedication.

Neetu (Beneficiary)

6. Conclusion

The Health Check-Up Camp at Bhagta Bhai Ka, organized in collaboration with Fusion Finance, was a resounding success. The camp provided essential healthcare services to over 100 community members, uncovering critical health issues and offering valuable medical advice. The findings underscore the importance of regular health check-ups and the need for continuous community health education.

Asheerwad India Foundation and Fusion Finance are committed to sustaining these efforts, with plans for future camps to further support the health and well-being of the local population.

7. Report Conclusion and Acknowledgment

This report was prepared by Jitendra Kumar (Project Manager) at Asheerwad (India) Foundation. We would like to extend our gratitude to Fusion Finance Limited for their collaboration and support in organizing this health camp.

Prepared By: Jitendra Kumar (Project Manager)
(Asheerwad (India) Foundation)

Submitted To: Fusion Finance Limited

Date: 20th August ,2024

***** End of the Report*****